

Mid-December 2017 Newsletter

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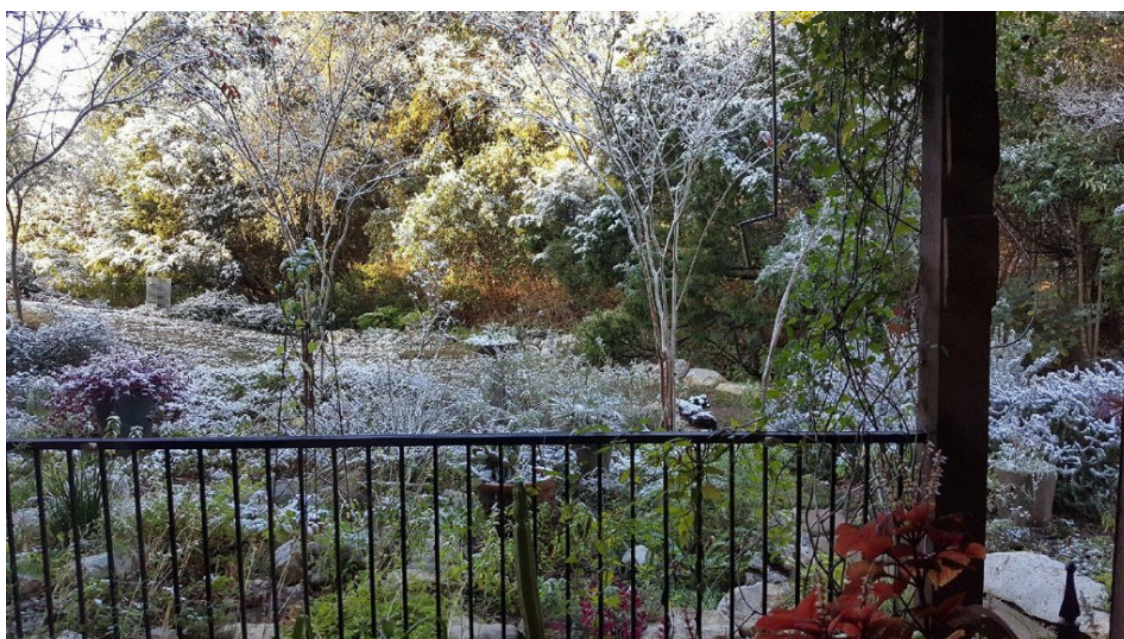
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Happy Holidays from Capital City Village!

Did you enjoy the snow?



Our recent snow was a rare occasion for us and a good reminder of the beauty of the season. We are thankful for all of you who make up the Capital City Village community and wish you the happiest of holidays!

The office will be closed December 22-25 and January 1 for the holidays.



Events

Thursday, Dec 21 @ 11:30am - Lunch and Laughter at [Wheatsville Co-op](#) on S. Lamar. No RSVP needed, just drop in.

Tuesday, Dec 26 @ 10am - Mindfulness group will meet at [Wheatsville Co-op](#) on S. Lamar (instead of the normal location at a member home). All are welcome - bring a friend.

The following groups are taking a holiday break in December. They will resume in the new year:

Coffee, Caffeine and Conversation

Flying Solo

Men's Lunch

Women's Lunch

Changes for 2018

Starting in January, the ShortTakes group will meet every 2nd Tuesday (instead of the 1st Tuesday) of the month. The South Coffee Klatch will change from 2nd Tuesday to 1st Tuesday. So, in January Coffee Klatch at Wheatsville S. Lamar will be at 9:30am Tuesday January 2. ShortTakes will meet at 10am Tuesday January 9. Look for logistical details in the January newsletter.

And, although 2nd Cup has already changed to Central Market, N. Lamar, we'll mention it again. 2nd Cup is on the 2nd Thursday of each month at 9:30am, so next month it will be on Thursday, January 11 at this new location.

Villages in the News Again!



Ina Jaffee with NPR is featuring the Village Movement on "All Things Considered". Listen [here](#), [here](#) and [here](#).

In the Community



[AGE of Central Texas](#) is proud to announce a partnership with the 2018 Austin Marathon, to be run on Saturday, February 18th, 2018. In conjunction with dozens of other charities, AGE will be sponsoring a team of runners and volunteers.

Our team will work to build awareness about the challenges facing older adults and their caregivers. Anyone running the marathon, half marathon, or 5K can go the extra mile and run for Team AGE!

People of all ages are encouraged to get involved as volunteers as well. Together, we will support a great event that will bring together the community of Austin as well as our older citizens and their caregivers. For more information on running or volunteering for Team AGE, please contact Aubrey Lethbridge at alethbridge@ageofcentraltx.org or [\(512\) 600-9287](tel:(512)600-9287).



Our mailing address is:

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