

Mid-August 2018 Newsletter

[Campaign Preview](#)[HTML Source](#)[Plain-Text Email](#)[Details](#)



We're Happy and So is He - Learn from Him About Your Eyesight!



Dr. Halsey "Happy" Settle will join us Sunday, September 9 from 4:00-6:00pm to share information on two of the most common eye problems of older adults - cataracts and macular degeneration. This is one of our popular "Conversations With" programs held at a member home. There will be nibbles and drinks and good conversation. [RSVP](#) so that we can send you the address.

Happy grew up in Corsicana, Texas and played football at Oklahoma State. After receiving his MD degree from UT Medical Branch, Galveston in 1971 while in the Navy Reserve he went on active duty as a Submarine Medical Officer from 1972-1976. After completion of his residency in San Diego he moved back to Corsicana to practice Ophthalmology from 1980 until moving his practice to Austin in 1999 where he continues to the present time. He enjoys traveling, jogging, playing golf and has been involved in the Travis County Medical society and the Texas Medical Association.



August Events at a Glance

Check out our new and improved [Events](#) listing on our new [website](#)! You can RSVP for any of our events online now.

Just click the name of the event below and you'll go to more information and be able to RSVP.

- Thursday, Aug 16 at 11:30am - [Lunch & Laughter](#) at Wheatsville S. Lamar
- Thursday, Aug 23 at 9:30am - [Coffee, Caffeine and Conversation](#) at Better Half Coffee & Cocktails (Downtown, 2 blocks W of Whole Foods)
- Tuesday, Aug 28 at 10am - [Managing Mindfulness](#) at a member home in S. Austin
- Sunday, September 9 at 4pm - [Cataracts and Macular Degeneration](#) at a member home. RSVP and the address will be sent to you. See feature

article.

Cancellations:

- The Book Group is taking a summer break and the next meeting will be Friday, September 21. See article below.
- The Women's Lunch is also taking a break and will resume Wednesday, September 26.

Save the Dates:

[Member Mixer](#), Thursday, September 20, 11:30am-12:30pm at Wheatville S Lamar. See article below.

[Celeb Salon](#), Sunday, September 23, 4-6pm featuring Judy Maggio (watch for additional details)

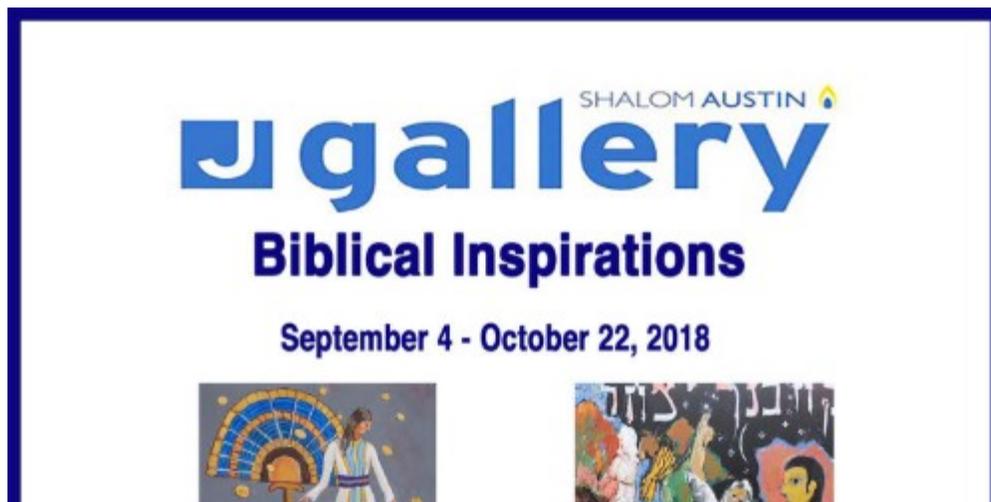
[3rd Annual CCV Golf Tournament](#) Saturday, September 29. See article below.

[Keep Aging Weird Annual Fundraising Luncheon](#) Thursday, November 1. See article below.

[View All CCV Events and Details, and RSVP!](#)

Artist and CCV Member Featured in Exhibit

Congratulations to artist and CCV member Melanie Lewis whose work will be exhibited September 4 - October 22 at the J Gallery at the Jewish Community Center, 7300 Hart Lane. There will be a [free reception](#) Wednesday, September 5 from 7:00-8:30pm. See other JCC activities [here](#).





Melanie Lewis



Harold Liebowitz



Richard Rutner

Opening Reception - September 5, 7-8:30pm
light refreshments and artists' remarks

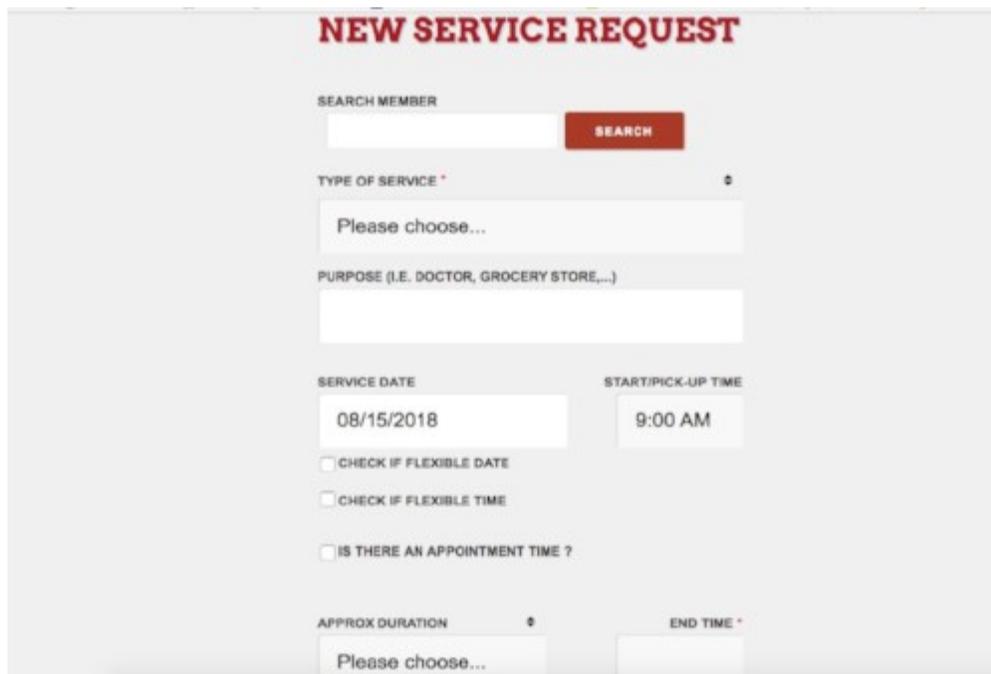
7300 Hart Lane, Austin, Tx 78731
www.ShalomAustin.org/Gallery



Save the Date for CCV's 3rd Annual Golf Tournament!

It's August, so September 29 isn't that far away! And surely it will be cooler! All you golfers and spectators can [sign up now](#) for the Village's 3rd Annual Golf Tournament Saturday, September 29. Shotgun start at 8:30am at Austin's Riverside Golf Course. Capital City

September 2018. Capital City Village (CCV) is a 501c3 nonprofit that helps seniors age well at home through supportive volunteer services, enriching programs, and referrals to trusted providers. Funds raised from the golf tournament will be used for CCV's Scholarship Program making these supportive programs and services available to seniors regardless of their household income and to augment Village operations.



NEW SERVICE REQUEST

SEARCH MEMBER

TYPE OF SERVICE *

PURPOSE (I.E. DOCTOR, GROCERY STORE...)

SERVICE DATE START/PICK-UP TIME

CHECK IF FLEXIBLE DATE
 CHECK IF FLEXIBLE TIME
 IS THERE AN APPOINTMENT TIME ?

APPROX DURATION END TIME *

Members Can Request Services on the Website Now!

If you're tech-savvy enough to be reading this email newsletter, you'll be able to request volunteer services on our [website](#) now! Just log in with your password. (If you don't yet have a password, send an email to bonniegilson@capitalcityvillage.org and I'll set you up.) After signing in, click on "Members", and then "New Service Request".

1. Click in the "Type of Service" field and select the service for which you'd like a volunteer.
2. Type the "Purpose" in the next field, e.g., Doctor appointment, etc.
3. When you click in the "Service Date" field, a calendar pops up and you can select the date of the desired service. (Please allow at least three business days for volunteer recruitment.)
4. Then you can click on "Start/Pick-up time" and select the time you wish the volunteer to start the task (or pick you up if it's a drive.)

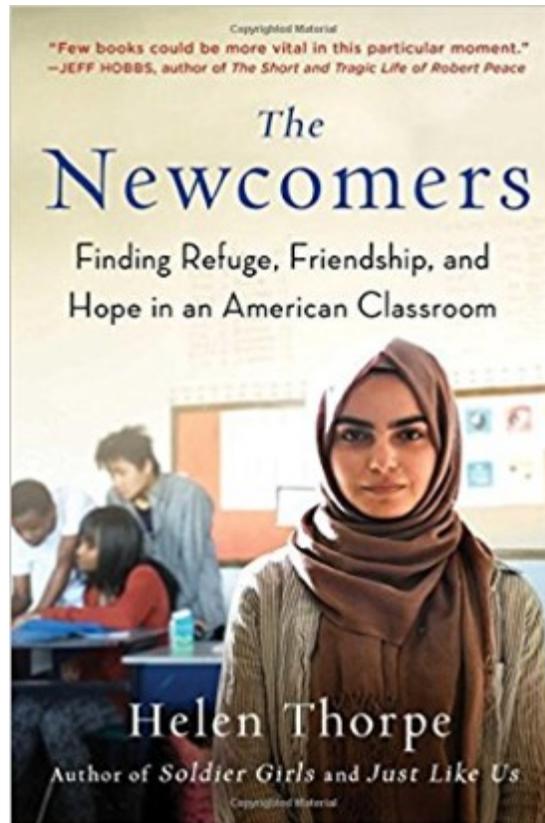
5. Check the next box if the date is flexible. Check the following box if the time is flexible.
6. If you click the box “Is There an Appointment Time?” then you’ll be prompted to click in the “Appointment Time” field and select the time of the appointment. Please ensure that your pick-up time allows sufficient time in Austin traffic to reach your destination on time.
7. Enter the Place Name if appropriate, for instance “St. David’s Physical Therapy” or “my house”, etc. Then (if it’s for a drive) enter the address of the place to which you wish to be driven.
8. Click “Check if Round Trip” if it is.
9. Click in the “Approx Duration” field to select your best estimate of the duration of the assignment, or your stay at the destination. “End Time” will autofill based on the duration and commute, so you don’t need to enter anything there.
10. Under “Specific Needs”, please indicate whether you have requirements of which the driver should be aware, such as a walker or wheelchair.

And....if you'd rather interact with a person rather than a screen, you can still call the office at 512-524-2709, Liz at 512-468-5594 or email info@capitalcityvillage.org to make your requests.



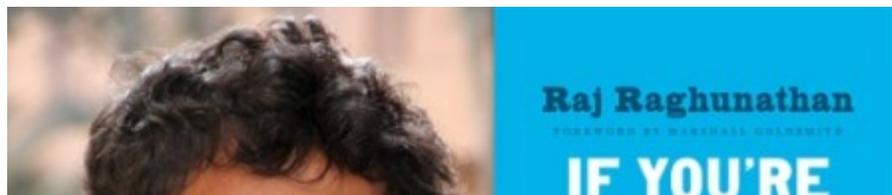
**Member Mixer Planned for Thursday,
September 20**

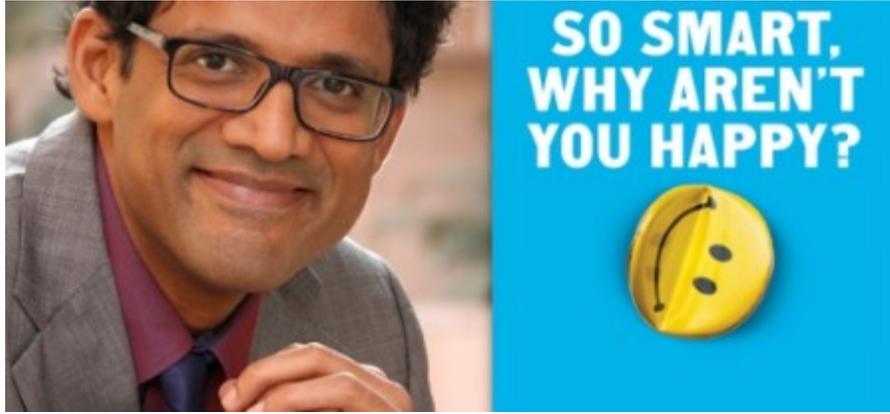
The last time we did this it was so much fun we've decided to get together more often. Our next Member Mixer is **Thursday, September 20, 11:30am-12:30pm** at Wheatsville on South Lamar. Get to know other CCV members. Volunteers and guests are also welcome. Come on in, pick up some lunch, and join us in the meeting room. There'll be a sign on the door saying "Capital City Village".



Book Club Resumes September 21 with "The Newcomers"

Our [Book Club](#) has been taking a summer break and will resume 11:00am-12:30pm Friday, September 21 with pot luck and good conversation. According to Kay, "it is a long book... may need a little more time to read it." So heads up to all you readers. See you there!





Keep Aging Weird Annual Luncheon Thursday, Nov. 1!

This year's [Keep Aging Weird](#) luncheon features Dr. Raj Raghunathan, Professor of Marketing at UT McCombs School of Business and author of *If You're So Smart, Why Aren't You Happy?*. KXAN's always-popular Jim Spencer serves as MC.

Thursday, Nov. 1st, 2018, 11 am – 1 pm at the
Norris Conference Center, 2525 W. Anderson Lane #365 (Northcross Mall); ample free parking

Proceeds from the luncheon help fund services and programs for members and volunteers of Capital City Village. Join us at an important, festive event to champion and honor the independence and vitality of local seniors. Stay where you live; live well where you stay!

More details to be announced soon in a special e-blast edition of our newsletter!

Medicare Information

MEDICARE HEALTH INSURANCE	
1-800-MEDICARE (1-800-633-4227)	
NAME OF BENEFICIARY	JOHN DOE
MEDICARE CLAIM NUMBER	000-00-0000-A
SEX	MALE
IS ENTITLED TO	EFFECTIVE DATE
HOSPITAL (PART A)	01-01-2007
MEDICAL (PART B)	01-01-2007
SIGN HERE →	

When to Hang Up!

What should you do if someone calls and asks for your information, for money, or threatens to cancel your health benefits if you don't share your personal information? **Hang up! It's a scam.** Scam artists may try to steal your personal information by calling you and asking for your current Medicare Number to get your [new Medicare card](#).

Medicare will never call uninvited and ask you to give personal information or money to get your new Medicare Number or card. [Learn what to do](#) if you get a suspicious call like this.

Affordable Housing Information



HOUSING AUTHORITY OF THE CITY OF AUSTIN

Bringing Opportunity Home

The Housing Authority of the City of Austin will be opening its waiting list for the Housing Choice Voucher Program (Section 8) from **September 17th – 24th, 2018**. The process will be similar to the 2014 waiting list opening including an online pre-application and subsequent lottery to place randomly selected individuals on the waiting list. Interested individuals may apply online at www.hacaapply.org during the 8-day waiting list opening. Updates will be available through HACA's [Facebook](#) and [Twitter](#) pages as well.



Our mailing address is:

3710 Cedar St, Suite 283, Austin, TX 78705

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