

# December 2019 Newsletter

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Office: 512-524-2709

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## Celeb Salons Presents "The Rise and Fall of Paramount Records"



## Join Celeb Salons at an Exciting New Location

Join CCV members, volunteers and friends for a unique gathering up close and personal with the Blackwood brothers Sunday, December 1 from 4-6pm at the historic Neill Cochran House, 2310 San Gabriel St. Our featured guests will be brothers Dean Blackwood (Revenant Records, Dell attorney by day) and Scott Blackwood (PEN USA award-winning local author). They will discuss their collaboration on a Grammy award-winning 2-volume collection of early Paramount Records recordings (1917-1932). You'll also hear rare tracks from the 2-volume set and participate in a Q&A with time for mingling and conversation afterward.

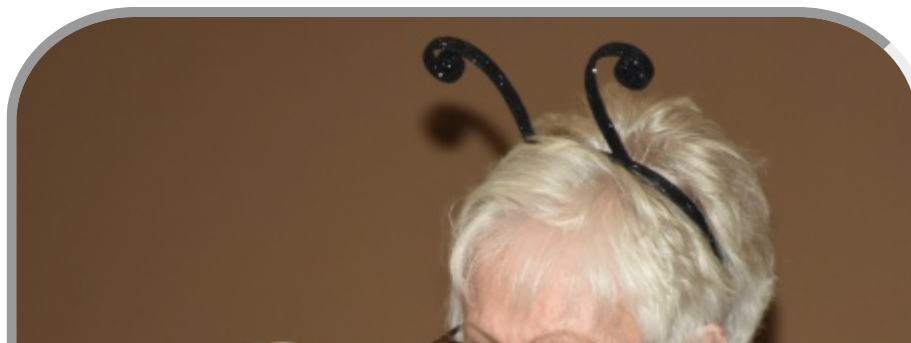


Neill Cochran House

Registration is limited. Registration: \$30. Includes wine, beer, tea, coffee and water. FREE on-site parking; accessible.

How did a Wisconsin chair company, producing records on the cheap and run by men with little knowledge of their audience or the music business, build one of the greatest musical rosters ever assembled under one roof? The answer lies in "The Rise and Fall of Paramount Records 1917-1932," an epic, two-volume omnibus of art, words and music housed in a limited-edition, hand-sculpted cabinet-of-wonder, jointly released by Jack White's Third Man Records and John Fahey's Revenant Records.

## Village Events





**Photo by Deborah Reinhard Photography**

Click on any of these events to find out more and RSVP:

- Sunday, Dec 1 - 4-6pm Celeb Salon, "The Rise and Fall of Paramount Records" at Neill Cochran House (C). *See feature article.*
- Tuesday, Dec 3 - Giving Tuesday. *See article below.*
- Tuesday, Dec 3 - 9:30-10:30am Coffee Klatch at Austin Java Manchaca (S)
- Thursday, Dec 5 - 4:30-6:30pm Happy Hour at LaMancha TexMex (NC)
- Sunday, Dec 8 - 3-5pm Holiday Party at Opal Divine's at The Aiden (S). *See article below.*
- Monday, Dec 9 - 6:45-9pm Dominoes at a member home (NW)
- Thursday, Dec 12 - 9:30-10:30am 2nd Cup at Central Market N. Lamar
- Wednesday, Dec 18 - 12-1pm Men's Lunch at Andiamo Ristorante (NC). *See interest group article below.*
- Thursday, Dec 19 - 11am-12pm Lunch & Laughter at Panera Bread W. Wm Cannon (S)
- Friday, Dec 20 - 11am-12:30pm Book Club Social at a member home (NW). *See interest group article below.*
- Tuesday-Wednesday, Dec 24-25, Office closed for Christmas



# Holiday Party!

## Sunday, December 8, 3-5pm

Join Village members, volunteers and guests at our annual holiday party at Opal Divine's at the Aiden Hotel, 2200 S IH 35. [RSVP here](#) so we'll know to expect you.



Photo by Elkk Photography

## In Memory - Eric Moody

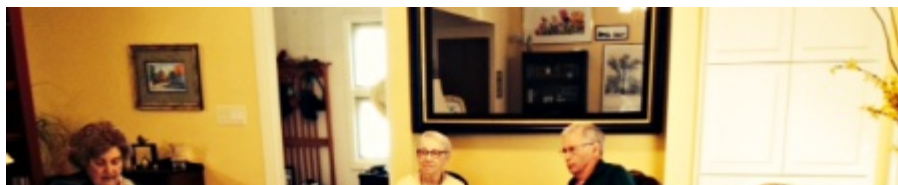
Capital City Village is saddened to lose one of our long-time members, Eric Moody, who died November 25 after a courageous 23-year battle with Parkinson's Disease. The family has arranged for visitation at 10am Friday, November 29, followed by an 11am funeral at Beck Funeral Home, 4765 Priem Lane, Pflugerville. Graveside service will follow at Cook Walden, Capital Parks Cemetery, 14501 N. IH-45, Pflugerville. [Read the full obituary here.](#)



Eric was a member of our Village Connections Program, and we are especially thankful to his faithful Connections Volunteer, Mart Hoffman for his service to Eric. In a departure from our usual memory photos, we're including a couple of shots of Eric and Mart together.



## Interest Group News





## **Book Club Social Friday, December 20 11-12:30 - And The Next Three Books**

At our meeting Friday, October 18<sup>th</sup>, members in attendance chose our next three books to read. November's book was "The Ragged Edge of Night" by Olivia Hawker.

We agreed that, once again, December's meeting will be a social gathering. So come for potluck and stimulating conversation. RSVPs aren't required if you know the address, but if you don't know where it's held, RSVP here and we'll send the address to you.

Our new list:

December: Social Gathering

January: "Before We Were Yours," by Lisa Wingate

February: "The Accidental President," by A.J. Baime



## **Men's Lunch - "Eating, Drinking and Hiking Through Munich and the Algau"**

The men meet every third Wednesday at noon for lunch and conversation at Andiamo Ristorante, 2521 Rutland Dr.



## **Managing Mindfulness - New Date Starts in 2020 Tuesday, January 14, 2020, 10am-12pm**

Starting in 2020, Managing Mindfulness will be held every second Tuesday at 10am at a member home. If you already know the address, no RSVP is needed. If you aren't familiar with the venue but would like to give it a try, just RSVP here

Join them December 18 when Henry McCown will present "Eating, Drinking and Hiking through Munich and the Algau with Family and Friends". Lunch is \$22/person. Please RSVP so they'll know to expect you.

and we'll send you the address.

Our Managing Mindfulness meetings are real talk/discussion about the difficulties in modern life with being mindful and aware of each moment. It's too easy to be "in our heads" going over and over the past or the future, rather than simply experiencing where we are right now. Our meetings are all about sharing our successes and challenges as we try to *be here now!*

**Welcome to new member Ann C from  
78731!**

**Giving Tuesday is This Week!**



**Giving Tuesday is December 3!**

Changing the world is hard work. Where to begin? Pick an issue and give back in any way that's meaningful to you. Here are some ideas for how to give back, not just on GivingTuesday (December 3, 2019), but every day!

- Give time.
- Give your voice.
- Give dollars.
- Give kindness.
- Give talent.
- Give inspiration.
- Share why you give.

At Capital City Village, we are thankful for all these gifts. You can give time,

talent and kindness by [volunteering to help members](#). [Giving dollars](#) supports not only our operations but supplements membership for those who may not have quite enough. And by all means, [spread the word](#).

## In the Community



### New LGBTQ Senior Center

[Meal on Wheels of Central Texas](#) has initiated an LGBTQ Senior Center at [Metropolitan Community Church \(MCC\) of Austin](#), with help from a federal grant administered by the [Area Agency on Aging \(AAA\)](#). The free program, which is the first of its kind in the region, provides a nutritious lunch, fun activities, a welcoming sense of community for the LGBTQ population and its allies, and is open to individuals who are 60+ years of age and their spouses/partners. The group of regular attendees, which calls itself the Golden Generation Social Scene, gathers from 10:30 a.m. to 2:30 p.m. Mondays and Wednesdays. The program is not affiliated with the church and non-members are welcome to attend.

According to [AARP](#), older members of the LGBTQ population are much more likely to be socially isolated; and research done by the National Institute on Aging shows loneliness poses serious health risks. Thanks, MOWCTX, AAA and MCC, for kicking off this fun and needed program!



**Our mailing address is:**

3710 Cedar St, Suite 283, Austin, TX 78705

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